

APPETISERS

Spicy = (S) Vegetarian = (V)

1	Crispy Aromatic Szechuan Duck Quarter.....	£9.30
	<i>with Spring Onions, Cucumber, Wheaten Pancakes (6) & Hoi Sin Sauce</i>	
2	Deluxe Bamboo Platter.....	£9.30
	<i>Satay Chicken Skewers, Spare Ribs, Spring Rolls, Crispy Wun Tun, Sesame Prawn Canapés with Satay & Sweet & Sour Sauce</i>	
5	Mongolian Style Aromatic Lamb.....	£8.80
	<i>with Wheaten Pancakes (6) & Hoi Sin Sauce</i>	
7	Honey Barbecued Spare Ribs.....	£5.80
8	"Kin Do" Spare Ribs with Capital sauce.....	£5.80
9	Spicy Salt & Chilli Spare Ribs (S).....	£5.80
10	Grilled Pork Dumplings (6) <i>with Ginger Vinegar Dip</i>	£4.80
11	Oriental Style King Prawns (6) <i>with Thai Sweet Chilli Sauce</i>	£5.30
13	Thai Crab Cakes <i>with Thai Sweet Chilli Sauce</i>	£4.80
14	Crispy Wun Tun (6) <i>with Sweet & Sour Sauce</i>	£3.80
16	Sesame Prawn Canapés (4).....	£4.80
21	Spicy Salt & Chilli Squid (S).....	£5.30
21a	Deep Fried Crispy Squid <i>with Sweet & Sour Sauce</i>	£5.30
22	Satay Chicken Skewers (4).....	£5.00
23	Satay King Prawn Skewers (4).....	£5.80
24	Satay Fillet Steak Skewers (4).....	£5.80
25	Satay Vegetable Skewers (4) (V).....	£5.00
26	Crispy Meat Spring Rolls (2) <i>with Sweet & Sour Sauce</i>	£3.30
26v	Crispy Vegetable Spring Rolls (3) <i>with Sweet & Sour Sauce (V)</i>	£3.30
27	Gon-Ba-Sow (Seaweed).....	£3.30
	<i>with Grated Dried Fish & Flaked Almonds</i>	
28	Five Spice Chicken with Peppercorns in a Light Batter.....	£4.80
29	Spicy Salt & Chilli Deep Fried Tofu (S)(V).....	£4.80



SOUP

30	Thai Tom Yum Prawn Soup (S).....	£3.30
31	Thai Tom Yum Chicken Soup (S).....	£3.00
35	Mixed Seafood & Tofu Soup.....	£3.50
36	Chicken & Sweetcorn Soup.....	£3.00
37	Shredded Chicken & Noodle Soup.....	£3.00
38	Cantonese Wun Tun Soup.....	£3.30
39	Szechuan Hot & Sour Soup (Meat or Vegetable) (S).....	£3.00
40	Rainbow Tofu Soup (V).....	£3.00
41	Asparagus & Noodle Soup (V).....	£3.00
42	Straw Mushrooms & Sweetcorn Soup (V).....	£3.00

KIDS

K2	Chicken Nuggets (4) & Chips.....	£4.00
K3	Sausages (2) & Chips.....	£3.50
K4	Sweet & Sour Chicken Balls (5) & Chips.....	£4.50
K6	Breaded Mushrooms (6) & Chips (V).....	£3.50

SEAFOOD

47	Fish Fillet "Peking Style".....	£6.40
48	Thai Style Sweet Chilli Fish Fillet (S).....	£6.40
49	Spicy Salt & Chilli Fish Fillet (S).....	£6.70
50	Stir Fried Scallops with Fresh Ginger & Spring Onions.....	£8.40
51	Stir Fried Scallops with Mixed Vegetables.....	£8.40
52	Stir Fried Scallops with Green Peppers in Black Bean Sauce.....	£8.90
53	Stir Fried Squid with Fresh Ginger & Spring Onions.....	£6.40
54	Stir Fried Squid with Mixed Vegetables.....	£6.40
55	Stir Fried Squid with Green Peppers in Black Bean Sauce.....	£6.90
56	Stir Fried Mixed Seafood with Fresh Ginger & Spring Onions.....	£8.40
57	Stir Fried Mixed Seafood with Green Peppers in Black Bean Sauce.....	£8.40
58	Stir Fried Mixed Seafood in Spicy Szechuan Hot Bean Sauce (S).....	£8.90
59	Spicy Salt & Chilli Mixed Seafood (S).....	£8.40
60	Stir Fried King Prawns with Fresh Ginger & Spring Onions.....	£6.00
61	Stir Fried King Prawn with Mixed Vegetables.....	£6.50
62	Stir Fried King Prawns with Green Peppers in Black Bean Sauce.....	£6.50
63	Thai Style Sweet Chilli King Prawns (S).....	£6.90
64	King Prawns in Spicy Szechuan Hot Bean Sauce (S).....	£6.90
66	"Kung Po" Hot Chilli King Prawns (S).....	£6.50
67	Stir Fried King Prawns with Cashew Nuts.....	£6.90
68	Stir Fried King Prawns with Fresh Asparagus.....	£7.10
69	Stir Fried King Prawns in Malaysian Satay Sauce.....	£6.50

CHICKEN

71	Stir Fried Chicken with Fresh Ginger & Spring Onions.....	£5.80
72	Stir Fried Chicken with Mixed Vegetables.....	£5.30
73	Stir Fried Chicken with Honey & Black Bean Sauce.....	£5.80
73b	Stir Fried Chicken with Green Peppers in Black Bean Sauce.....	£5.80
74	Spicy Salt & Chilli Chicken (S).....	£5.80
75	Stir Fried Chicken in Spicy Szechuan Hot Bean Sauce (S).....	£5.80
76	Stir Fried Chicken with Fresh Mushrooms.....	£5.30
77	"Kung Po" Hot Chilli Chicken (S).....	£5.30
78	Stir Fried Chicken with Cashew Nuts Cantonese Style.....	£5.80
79	Stir Fried Chicken with Fresh Asparagus.....	£6.10
80	Braised Chicken with Bamboo Shoots & Chinese Mushrooms.....	£5.80
80b	Stir Fried Chicken with Bamboo Shoots & Water Chestnuts.....	£5.80
81	Chicken Fillet "Peking Style".....	£5.80
82	Stir Fried Chicken in Malaysian Satay Sauce.....	£5.30
83	Sliced Chicken with Pineapple.....	£5.30

84	Sliced Chicken with Pickled Ginger & Pineapple.....	£5.30
85	Chicken Fillet in Lemon Sauce.....	£5.80
86	Stir Fried Chicken with Cashew Nuts in Yellow Bean Sauce.....	£5.80
87	Thai Style Sweet Chilli Chicken (S).....	£5.80
88	Crispy Shredded Chicken with Carrots (S).....	£5.80
89	Spicy Chicken with Fresh Chilli & Green Peppers (S).....	£5.80



DUCK

90	Stir Fried Duck with Fresh Ginger & Spring Onions.....	£6.80
91	Stir Fried Duck with Mixed Vegetables.....	£6.80
91b	Roast Duck with Bean Sprouts.....	£6.80
92	Stir Fried Duck with Green Peppers in Black Bean Sauce.....	£6.80
92b	Roast Duck & Roast Pork with Bean Sprouts.....	£6.20
93	Stir Fried Duck in Spicy Szechuan Hot Bean Sauce (S).....	£6.80
94	Stir Fried Duck with Fresh Mushrooms.....	£6.80
95	"Kung Po" Hot Chilli Duck (S).....	£6.80
96	Braised Duck with Bamboo Shoots & Chinese Mushrooms.....	£6.80
97	Cantonese Style Roast Duck with Plum Sauce.....	£6.80
98	Sliced Duck with Pickled Ginger & Pineapple.....	£6.80

PORK

99	Stir Fried Pork with Mixed Vegetables.....	£5.30
100	Stir Fried Pork with Spicy Szechuan Hot Bean Sauce (S).....	£5.80
101	Stir Fried Pork with Fresh Mushrooms.....	£5.30
102	"Kung Po" Hot Chilli Pork (S).....	£5.30
103	Stir Fried Pork with Fresh Asparagus.....	£6.10
104	Stir Fried Pork in Malaysian Satay Sauce.....	£5.30
105	Honey Roast Pork "Char Siu" with Soy Sauce.....	£5.30
105b	Roast Pork & Sliced Chicken with Bean Sprouts.....	£5.30
106	Spicy Pork with Fresh Chilli & Green Peppers (S).....	£5.80

LAMB

107	Stir Fried Lamb with Fresh Ginger & Spring Onions.....	£5.80
108	Stir Fried Lamb with Green Peppers in Black Bean Sauce.....	£5.80
109	Stir Fried Lamb with Cashew Nuts in Yellow Bean Sauce.....	£5.80
120	Spicy Lamb with Fresh Chilli & Green Peppers (S).....	£5.80
121	Hunan Style Lamb with Spring Onions, Garlic & Rice Wine (S).....	£5.80

BEEF

122	Stir Fried Beef with Fresh Ginger & Spring Onions.....	£5.80
123	Stir Fried Beef with Mixed Vegetables.....	£5.30
123b	Stir Fried Beef with Green Peppers in Black Bean Sauce.....	£5.80
124	Fillet Steak with Honey & Brandy in Black Bean Sauce.....	£9.70
124b	Stir Fried Fillet Steak in Black Pepper Sauce.....	£8.80
125	Fillet Steak Cantonese Style.....	£8.80
126	Stir Fried Beef in Spicy Szechuan Hot Bean Sauce (S).....	£5.80
127	Stir Fried Beef with Fresh Mushrooms.....	£5.30
128	Stir Fried Beef with Broccoli in Oyster Sauce.....	£5.30
129	Stir Fried Beef with Fresh Asparagus.....	£6.10
130	Stir Fried Beef in Malaysian Satay Sauce.....	£5.30
131	Stir Fried Beef with Cashew Nuts in Yellow Bean Sauce.....	£5.80
132	Crispy Shredded Beef with Carrots (S).....	£5.80
133	Spicy Beef with Fresh Chilli & Green Peppers (S).....	£5.80
134	Hunan Style Beef with Spring Onions, Garlic & Rice Wine (S).....	£5.80



SWEET & SOUR *Cantonese Style*

135	Sweet & Sour Pork.....	£5.30
136	Sweet & Sour Chicken.....	£5.30
137	Sweet & Sour Chicken Balls in Batter.....	£5.30
138	Sweet & Sour Fish Fillet.....	£5.80
139	Sweet & Sour King Prawns.....	£6.30
139b	Sweet & Sour Combination (Chicken, Pork & King Prawns).....	£6.80

CURRY *Thai Green Curry £1.00 extra*

140	Beef.....	£5.00
141	Chicken.....	£5.00
142	Pork.....	£5.00
143	King Prawns.....	£5.80
144	Mixed Seafood.....	£6.10
144b	House Special (Beef, Chicken & King Prawns).....	£6.00
144v	Mixed Vegetable (V).....	£4.80

TOFU

145	Braised Tofu with Mixed Seafood	£7.70
146	Hung Shao Tofu with Pork & Mushrooms	£6.30

VEGETARIAN (V)

147b	Tofu with Green Peppers in Black Bean Sauce	£5.80
148	Chinese Leaves	£5.30
	<i>a. Oyster Sauce b. Garlic Sauce c. Ginger Sauce</i>	
149	Braised Tofu with Mixed Vegetables.....	£5.80
150	Tofu in Spicy Szechuan Hot Bean Sauce (S)	£5.80
151	Sweet & Sour Mixed Vegetables	£4.90
151b	Mixed Vegetables in Black Bean Sauce	£4.90
152	Stir Fried Bamboo Shoots & Water Chestnuts.....	£3.90
153	Stir Fried Chinese Mushrooms & Straw Mushrooms.....	£4.90
154	Stir Fried Mixed Vegetables with Fresh Ginger & Spring Onions	£4.90
155	"Kung Po" Hot Chilli Mixed Vegetables (S)	£4.90
156	Sautéed Fresh Asparagus with Red Chilli & Garlic (S).....	£5.60
157	Stir Fried Bean Sprouts.....	£3.40

MISCELLANEOUS

E5	Sirloin Steak (280g Raw Weight) with Chips, Peas, Onions & Mushrooms.....	£12.80
E6c	Chicken Omelette with Chips	£5.80
E6s	Shrimp Omelette with Chips.....	£5.80
E6m	Mushroom Omelette with Chips	£5.30
E10	Chips.....	£2.00
E10a	Spicy Salt & Chilli Chips (S).....	£3.00
157a	Prawn Crackers	£2.00
157b	Curry Sauce.....	£1.90
157c	Sweet & Sour Sauce.....	£1.90
157d	Satay Sauce.....	£2.20
157e	Barbecue Sauce.....	£1.90

RICE & NOODLES

Fried Noodles = Thin Noodles | Chow Mein = Thick Noodles

158	Yung Chow Fried Rice	£5.60
158b	House Special Fried Rice (BBQ Sauce).....	£6.30
159	Diced Chicken Fried Rice.....	£5.30
160	King Prawn Fried Rice.....	£6.70
161	Singapore Fried Rice (S).....	£5.60
162	Diced Chinese Roast Pork Fried Rice	£5.30
163	Mixed Vegetable Fried Rice (V)	£5.00
163b	Mushroom Fried Rice (V).....	£5.00
164	Plain Boiled Rice.....	£2.50
165	Egg Fried Rice	£2.80
165b	House Special Chow Mein (BBQ Sauce).....	£6.40
166	Shredded Chicken & Vegetables with Fried Noodles.....	£5.90
166b	Special Chow Mein.....	£5.90
166c	Chicken Chow Mein	£5.40
167	Shredded Pork & Vegetables with Fried Noodles	£5.90

167b	Pork Chow Mein	£5.40
168	Beef & Green Peppers in Black Bean Sauce with Fried Noodles.....	£5.90
168b	Beef Chow Mein.....	£5.40
169	King Prawn & Vegetables with Fried Noodles.....	£6.70
169b	King Prawn Chow Mein.....	£6.50
169c	Shrimp Chow Mein.....	£6.00
170	Mixed Seafood & Vegetables with Fried Noodles.....	£6.90
171	Stir Fried Mixed Vegetables with Fried Noodles (V)	£5.10
172	Singapore Fried Vermicelli (S)	£6.00
172b	Singapore Chow Mein (S).....	£5.90
172c	Singapore Vegetable Chow Mein (S) (V).....	£5.20
175	Fried Noodles & Bean Sprouts (V).....	£3.90

FOO YOUNG *Chinese Omelette*

176	House Special Foo Young	£6.30
177	Chicken Foo Young	£5.40
178	Chinese Roast Pork Foo Young	£5.40
179	King Prawns Foo Young.....	£6.70
180	Shrimp Foo Young	£6.30
181	Mushroom Foo Young (V).....	£5.40
182	Mixed Vegetable Foo Young (V).....	£5.40

LUNCH & EARLY BIRD

*Available Thursday - Saturday from 12 noon - 2.30 pm
Every Evening 5.30pm - 6.45pm*

ALL IN ONE DELICIOUS BOX £5.90 EACH

The following dishes come with Fried or Boiled Rice

10L	Sweet & Sour Chicken, Pork or King Prawns Cantonese Style
11L	Chicken, Beef or King Prawns with Fresh Mushrooms
12L	Chicken, Beef or King Prawns with Mixed Vegetables
13L	"Kung Po" Hot Chilli Chicken, Pork or King Prawns (S)
15L	Chicken, Beef, King Prawn or Mixed Vegetable Curry
16L	Chicken, Beef or King Prawns with Green Peppers in Black Bean Sauce
17L	Chicken or King Prawns Peking Style
18L	Mixed Vegetables with Cashew Nuts (V)
19L	Roast Duck with Beansprouts
<i>All the dishes below come with Free Prawn Crackers</i>	
20L	Chicken, Beef, Mushroom or Mixed Vegetable Fried Noodles
21L	Singapore Fried Vermicelli (S)
22L	Chicken, Roast Pork or Yung Chow Fried Rice

For Duck and King Prawns £1 Extra

SPECIAL SET MENUS

(Minimum 2 people)

*A surprise main course dish will be added by the
chef per additional 4 people*

THE BAMBOO GOURMET £14.50 PER PERSON

Deluxe Bamboo Platter
Chicken with Honey & Brandy in Black Bean Sauce
Braised Duck with Bamboo Shoots & Chinese Mushrooms
Sweet & Sour King Prawns Cantonese Style
Egg Fried Rice

PEKING GOURMET £17.00 PER PERSON

Crispy Aromatic Szechuan Duck
Spicy Salt Chilli Mixed Seafood (S)
Crispy Shredded Beef with Carrots (S)
Chicken Fillet in Lemon Sauce
Sautéed Fresh Asparagus with Red Chilli & Garlic (S)
Diced Chinese Roast Pork Fried Rice

CANTON GOURMET £17.00 PER PERSON

Honey Barbecued Ribs & Sesame Prawn Canapés
Satay Fillet Steak Skewers
Sweet & Sour Chicken Cantonese Style
Cantonese Style Roast Duck in Plum Sauce
Stir Fried King Prawns with Cashew Nuts
Yung Chow Fried Rice

THAI GOURMET £14.50 PER PERSON

Mongolian Style Aromatic Lamb
Thai Tom Yum Chicken Soup (S)
Thai Style Sweet Chilli Fish Fillet (S)
Thai Green Beef Curry (S)
Spicy Stir Fried Mixed Vegetables (S)
Plain Boiled Rice

BOTTLE & CAN DRINKS ARE AVAILABLE

春竹

THE BAMBOO RESTAURANT

CANTON | PEKING | SZECHUAN CUISINE

TAKE-AWAY MENU

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Sunday - Wednesday

Evening : 5.30pm - 10.30pm

Thursday - Saturday

Lunch : 12pm - 2.30pm

Evening : 5.30pm - 11pm

Delivery Service

Every Evening : 6pm - 10pm

Free Delivery to Exmouth

*Small charge outside Exmouth area
No deliveries under £12*

31-32 The Strand Exmouth, Devon, EX8 1AQ

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