

VEGETARIAN (V)

Large £1.00 extra

147b	Tofu with Green Peppers in Black Bean Sauce	£6.00
148	Chinese Leaves	£5.50
	<i>a. Oyster Sauce b. Garlic Sauce c. Ginger Sauce</i>	
149	Braised Tofu with Mixed Vegetables	£6.00
150	Tofu in Spicy Szechuan Hot Bean Sauce (S)	£6.00
151	Sweet & Sour Mixed Vegetables	£5.50
151b	Mixed Vegetables in Black Bean Sauce	£5.50
152	Stir Fried Bamboo Shoots & Water Chestnuts	£4.50
153	Stir Fried Mushrooms	£4.50
154	Stir Fried Mixed Vegetables with Fresh Ginger & Spring Onions	£5.50
155	Kung Po Hot Chilli Mixed Vegetables (S)	£5.50
157	Stir Fried Beansprouts with Garlic	£3.60

MISCELLANEOUS

E6c	Chicken Omelette with Chips	£7.00
E6s	Shrimp Omelette with Chips	£7.00
E6m	Mushroom Omelette with Chips	£6.50
E10	Chips	£2.40
E10a	Spicy Salt & Chilli Chips (S)	£3.50
157a	Prawn Crackers	£2.20
157b	Curry Sauce	£2.10
157c	Sweet & Sour Sauce	£2.10
157d	Satay Sauce	£2.40
157e	Barbecue Sauce	£2.10

RICE & NOODLES

Fried Noodles = Thin Noodles | Chow Mein = Thick Noodles

158	Yung Chow Fried Rice (Dry)	£6.00
158b	House Special Fried Rice (BBQ Sauce)	£6.80
159	Diced Chicken Fried Rice	£5.80
160	King Prawn Fried Rice	£7.00
161	Singapore Fried Rice (S)	£6.00
162	Diced Chinese Roast Pork Fried Rice	£5.80
163	Mixed Vegetable Fried Rice (V)	£5.50
163b	Mushroom Fried Rice (V)	£5.50
164	Plain Boiled Rice	REG £2.70 / LRG £3.40
165	Egg Fried Rice	REG £3.10 / LRG £3.80
165b	House Special Chow Mein (BBQ Sauce)	£7.00
166	Shredded Chicken & Vegetables with Fried Noodles	£6.80
166b	Special Chow Mein	£6.50
166c	Chicken Chow Mein	£6.30
167	Pork & Vegetables with Fried Noodles	£6.50
167b	Pork Chow Mein	£6.00
168	Beef & Green Peppers in Black Bean Sauce with Fried Noodles	£6.80
168b	Beef Chow Mein	£6.50
169	King Prawn & Vegetables with Fried Noodles	£8.00
169b	King Prawn Chow Mein	£7.50
169c	Shrimp Chow Mein	£6.50

170	Mixed Seafood & Vegetables with Fried Noodles	£8.50
171	Stir Fried Mixed Vegetables with Fried Noodles (V)	£5.80
172b	Singapore Chow Mein (S)	£6.50
172c	Singapore Vegetable Chow Mein (S) (V)	£6.00
175	Fried Noodles & Beansprouts (V)	REG £4.50 / LRG £5.40

FOO YOUNG *Chinese Omelette*

176	House Special Foo Young	£6.80
177	Chicken Foo Young	£6.30
178	Chinese Roast Pork Foo Young	£6.10
179	King Prawns Foo Young	£7.50
180	Shrimp Foo Young	£7.00
181	Mushroom Foo Young (V)	£6.00
182	Mixed Vegetable Foo Young (V)	£6.00

DESSERTS

E23	Homemade White Chocolate & Raspberry Cheesecake	£4.80
E24	Homemade Lemon Zest Cheesecake	£4.80
E25	Oreo Fritter (4)	£1.50
E26	Banana Fritter with Syrup	£3.50
E27	Pineapple Fritter with Syrup	£3.50
E28	Can of Drink	£1.20
E29	Bottled Drink (1.5L)	£3.20

EARLY BIRD MENU

Every Evening 5PM - 6:45PM £7.00 EACH

The following dishes are all served with Fried or Boiled Rice

Sweet & Sour Chicken / Pork / Vegetable Cantonese Style
 Kung Po Chicken / Pork / Mixed Vegetables
 Beef / Pork / Chicken with Fresh Mushrooms
 Beef / Chicken / Mixed Vegetable Curry
 Spicy Crispy Shredded Beef / Chicken
 Beef / Chicken with Green Peppers in Black Bean Sauce
 Beef / Chicken with Cashew Nuts in Yellow Bean Sauce
 Tofu with Mixed Vegetables / Green Peppers in Black Bean Sauce
 Mixed Vegetables with Fresh Ginger & Spring Onions
 Chicken / Mushroom / Special Foo Young

(Change to King Prawn or Duck for £1 Extra)

The following dishes come with free Prawn Crackers

Chicken / Beef / Mixed Vegetable Chow Mein
 Singapore Chow Mein / Singapore Vegetable Chow Mein
 Chicken / Yung Chow / Mixed Vegetable Fried Rice

Please inform our staff of any dietary requirements / allergies before ordering.

Every effort is made to ensure bones are removed from your dishes but please careful, especially with children.

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THE BAMBOO CHINESE TAKEAWAY & DELIVERY SERVICE

AUTHENTIC, FRESH, QUALITY CHINESE CUISINE

01395 267 253

10% OFF COLLECTION ORDERS

OPEN 7 DAYS A WEEK

COLLECTION 5PM - 9PM

DELIVERY 5:30PM - 8:45PM

DELIVERY CHARGE STARTS FROM £1.00

MINIMUM ORDER £15.00 FOR DELIVERY

ALL OUR DISHES ARE FRESHLY COOKED TO
ORDER SO PLEASE BE PATIENT DURING BUSY TIMES

MOST OF OUR DISHES CAN BE MADE
GLUTEN FREE PLEASE ASK BEFORE YOU ORDER

31 The Strand Exmouth, Devon, EX8 1AQ

WWW.BAMBOOEXMOUTH.COM

APPETISERS

Spicy = (S) Vegetarian = (V)

1	Crispy Aromatic Szechuan Duck Quarter.....	£10.00
	<i>with Spring Onions, Cucumber, Wheaten Pancakes (6) & Hoi Sin Sauce</i>	
2	Deluxe Bamboo Platter.....	£10.00
	<i>Satay Chicken Skewers, Spare Ribs, Spring Rolls, Crispy Won Ton & Sesame Prawn Canapés with Satay & Sweet & Sour Sauce</i>	
7	Barbecued Spare Ribs with Sauce.....	£6.50
8	Kin Do Spare Ribs with Capital sauce.....	£6.50
9	Spicy Salt & Chilli Spare Ribs (S).....	£6.50
11	Oriental Style King Prawn (6) <i>with Thai Sweet Chilli Sauce</i>	£6.00
14	Crispy Won Ton (6) <i>with Sweet & Sour Sauce</i>	£4.50
16	Sesame Prawn Canapés (4).....	£5.50
21	Spicy Salt & Chilli Squid (S).....	£6.00
21a	Deep Fried Crispy Squid <i>with Sweet & Sour Sauce</i>	£6.00
22	Satay Chicken Skewers (4).....	£5.50
23	Satay King Prawn Skewers (4).....	£7.00
25	Satay Vegetable Skewers (4) (V).....	£5.50
26	Crispy Meat Spring Rolls (2) <i>with Sweet & Sour Sauce</i>	£4.00
26v	Crispy Vegetable Spring Rolls (3) <i>with Sweet & Sour Sauce (V)</i>	£3.50
28	Five Spice Chicken with Peppercorns in a Light Batter.....	£5.50
29	Spicy Salt & Chilli Deep Fried Tofu (S)(V).....	£5.50

SOUP

30	Thai Tom Yum Prawn Soup (S).....	£3.50
31	Thai Tom Yum Chicken Soup (S).....	£3.20
35	Mixed Seafood & Tofu Soup.....	£3.70
36	Chicken & Sweetcorn Soup.....	£3.20
37	Shredded Chicken & Noodle Soup.....	£3.20
39	Szechuan Hot & Sour Soup <i>(Meat or Vegetable) (S)</i>	£3.20
40	Rainbow Tofu Soup (V).....	£3.20
42	Straw Mushrooms & Sweetcorn Soup (V).....	£3.20

KIDS

K2	Chicken Nuggets (5) & Chips.....	£3.80
K3	Sausages (2) & Chips.....	£3.80
K4	Sweet & Sour Chicken Balls (5) & Chips.....	£3.80
K6	Breaded Mushrooms (6) & Chips (V).....	£3.80

SEAFOOD

Large £2.00 extra

47	Peking Style Fish Fillet with Ginger & Garlic Sauce.....	£7.00
48	Thai Style Sweet Chilli Fish Fillet (S).....	£7.00
49	Spicy Salt & Chilli Fish Fillet (S).....	£7.00
53	Stir Fried Squid with Fresh Ginger & Spring Onions.....	£7.50
54	Stir Fried Squid with Mixed Vegetables.....	£7.50
55	Stir Fried Squid with Green Peppers in Black Bean Sauce.....	£7.50

56	Stir Fried Mixed Seafood with Fresh Ginger & Spring Onions....	£8.50
57	Stir Fried Mixed Seafood with Green Peppers in Black Bean Sauce.....	£8.50
58	Stir Fried Mixed Seafood in Spicy Szechuan Hot Bean Sauce (S).....	£8.50
59	Spicy Salt & Chilli Mixed Seafood (S).....	£8.50
59b	Spicy Salt & Chilli King Prawn (S).....	£7.50
60	Stir Fried King Prawn with Fresh Ginger & Spring Onions.....	£7.50
61	Stir Fried King Prawn with Mixed Vegetables.....	£7.50
62	Stir Fried King Prawn with Green Peppers in Black Bean Sauce.....	£7.50
63	Thai Style Sweet Chilli King Prawn (S).....	£7.50
64	King Prawn in Spicy Szechuan Hot Bean Sauce (S).....	£7.50
66	Kung Po Hot Chilli King Prawn (S).....	£7.50
67	Stir Fried King Prawn with Cashew Nuts.....	£7.50
69	Stir Fried King Prawn in Malaysian Satay Sauce.....	£7.50

CHICKEN

Large £1.50 extra

71	Stir Fried Chicken with Fresh Ginger & Spring Onions.....	£6.30
72	Stir Fried Chicken with Mixed Vegetables.....	£6.30
73	Stir Fried Chicken with Honey & Brandy in Black Bean Sauce... ..	£6.80
73b	Stir Fried Chicken with Green Peppers in Black Bean Sauce.....	£6.30
74	Spicy Salt & Chilli Chicken (S).....	£6.30
75	Stir Fried Chicken in Spicy Szechuan Hot Bean Sauce (S).....	£6.30
76	Stir Fried Chicken with Fresh Mushrooms.....	£6.30
77	Kung Po Hot Chilli Chicken (S).....	£6.30
78	Stir Fried Chicken with Cashew Nuts.....	£6.80
80b	Stir Fried Chicken with Bamboo Shoots & Water Chestnuts.....	£6.30
81	Chicken Peking Style with Ginger & Garlic Sauce.....	£6.30
82	Stir Fried Chicken in Malaysian Satay Sauce.....	£6.30
83	Sliced Chicken with Pineapple.....	£6.30
85	Chicken in Lemon Sauce.....	£6.30
86	Stir Fried Chicken with Cashew Nuts in Yellow Bean Sauce.....	£6.80
87	Thai Style Sweet Chilli Chicken (S).....	£6.30
88	Crispy Shredded Chicken with Carrots (S).....	£6.30
89	Spicy Chicken with Fresh Chilli & Green Peppers (S).....	£6.30

DUCK

Large £2.00 extra

90	Stir Fried Duck with Fresh Ginger & Spring Onions.....	£7.50
91	Stir Fried Duck with Mixed Vegetables.....	£7.50
91b	Roast Duck with Beansprouts & BBQ Sauce.....	£7.50
92	Stir Fried Duck with Green Peppers in Black Bean Sauce.....	£7.50
92b	Roast Duck & Roast Pork with Beansprouts & BBQ Sauce.....	£7.00
93	Stir Fried Duck in Spicy Szechuan Hot Bean Sauce (S).....	£7.50
94	Stir Fried Duck with Fresh Mushrooms.....	£7.50
95	Kung Po Hot Chilli Duck (S).....	£7.50
97	Roast Duck & Chinese Leaves with Plum Sauce.....	£7.50

PORK

Large £1.50 extra

99	Stir Fried Pork with Mixed Vegetables.....	£6.00
100	Stir Fried Pork with Spicy Szechuan Hot Bean Sauce (S).....	£6.00
101	Stir Fried Pork with Fresh Mushrooms.....	£6.00
102	Kung Po Hot Chilli Pork (S).....	£6.00
104	Stir Fried Pork in Malaysian Satay Sauce.....	£6.00
105	Honey Roast Pork (Char Siu) with Soy Sauce.....	£6.00
105b	Roast Pork & Sliced Chicken with Beansprouts & BBQ Sauce..	£6.00
106	Spicy Pork with Fresh Chilli & Green Peppers (S).....	£6.00

BEEF

Large £1.50 extra

122	Stir Fried Beef with Fresh Ginger & Spring Onions.....	£6.50
123	Stir Fried Beef with Mixed Vegetables.....	£6.50
123b	Stir Fried Beef with Green Peppers in Black Bean Sauce.....	£6.50
124	Stir Fried Beef with Honey and Brandy in Black Bean Sauce.....	£7.00
125	Stir Fried Beef Cantonese Style.....	£6.50
126	Stir Fried Beef in Spicy Szechuan Hot Bean Sauce (S).....	£6.50
127	Stir Fried Beef with Fresh Mushrooms.....	£6.50
130	Stir Fried Beef in Malaysian Satay Sauce.....	£6.50
131	Stir Fried Beef with Cashew Nuts in Yellow Bean Sauce.....	£7.00
132	Crispy Shredded Beef with Carrots (S).....	£6.50
132b	Spicy Salt & Chilli Beef (S).....	£6.50
133	Spicy Beef with Fresh Chilli & Green Peppers (S).....	£6.50
134	Beef Hunan Style with Spring Onions, Garlic & Rice Wine (S).....	£6.50

SWEET & SOUR *Cantonese Style*

Large £1.50 extra

135	Sweet & Sour Pork.....	£6.00
136	Sweet & Sour Chicken.....	£6.50
137	Sweet & Sour Chicken Balls in Batter.....	£6.50
138	Sweet & Sour Fish Fillet.....	£7.00
139	Sweet & Sour King Prawn.....	£7.50
139b	Sweet & Sour Combination (Chicken, Pork & King Prawn).....	£7.50

CURRY *Thai Green Curry £1.00 extra*

Large £1.50 extra

140	Beef.....	£6.00
141	Chicken.....	£5.80
142	Pork.....	£5.50
143	King Prawn.....	£7.00
144	Mixed Seafood.....	£7.50
144b	House Special (Beef, Chicken & King Prawn).....	£6.50
144v	Mixed Vegetable (V).....	£5.50

TOFU

Large £1.50 extra

145	Braised Tofu with Mixed Seafood.....	£8.50
146	Hung Shao Tofu with Pork & Vegetables.....	£6.50